



PRESS RELEASE

The Home Garden Building and Studio for Home working and hobbies.

Home based businesses in the UK have increased considerably in recent years. There can be many different advantages and reasons to work from home depending on individual circumstances.

You can save both money and time by installing a garden building or studio as you cut out the daily commute to work. An average worker can accumulate an extra 3 weeks per year by not having to commute to and from the head office. All this extra time can easily be fed back into your business, or you can enjoy your additional days as leisure time on your favourite hobby. Your garden building is just a short walk out of your back door becoming very convenient, especially during the cold and wet mornings. It can even be more satisfying when you tune your radio in to the local traffic news to listen to all the traffic chaos.

With modern technology like email, fast internet speeds, wireless connections, networking etc, it has become much easier to run your business from home and still have your colleagues on call as if they were sat in the same office as you. The “virtual world” makes everything and everyone much more accessible.

The work/life balance is very important and invariably both parents need to work, and still have the demands of a young family. Setting up a business from a [garden building](#) or studio could be very beneficial where the worker has their own space to work, but are only a few steps away to attend to the needs of the family. A garden building can be a fantastic and refreshing environment that provides a much more laid back atmosphere to work, increasing your productivity, motivation and general all round mental satisfaction.

If the idea sounds great but you are still on the tread mill of working for someone else and would like some good ideas of businesses that can be run from a garden building, then here are a few options for inspiration:

This short list is by no means exhaustive, but are some of the good ones which require little investment in equipment or people etc.

Bookkeeping business, Computer repair business, Internet marketing business, Custom jewellery business, Cake decoration business, Dressmaking & sewing alteration business, Curtainmaking business, Arts and craft business, Dog breeding business, Music tuition business, Picture framing business, Health consultants business, Physio therapists business, Manicurists and Massage business, Clock and Watch repair business.

If you are retired and looking for a great hobby to do in the tranquillity of your garden building, then here is a list of some of the more popular hobbies that are enjoyed by many which may well be of interest to you:

Reading, Arts - Painting, Drawing, Wood carving, Collecting Stamps and Coins, Composing Songs and Music, Photography, Gardening, Home brewing, Researching the Internet, DIY and Tools, Building Models, Sewing and Knitting, Keep Fit, Yoga, Meditation and general relaxing.

Whether work or hobbies, it helps to be focused and comfortable to maximise your potential. An [insulated home garden building](#) could be your answer.

[Southwicks Garden Rooms](#) – Manufacturer and installer of home office insulated buildings and garden retreats. A family run business serving the Hampshire area. Expertly and fully installed, including solid base, insulation, electrics, heating, security and more. An attractive 'retreat', designed to discreetly blend into the garden.

Any questions? Give one of our friendly, knowledgeable team a ring now on 01329 319276 or 07920 773198 and we will be happy to assist. Alternatively you can email: jon@southwicks.co.uk or visit our website: www.southwicks.co.uk for more information.